



RECORDS DEL CLUB NATACIÓN CARTAGONOVA-CARTAGENA

CATEGORÍA FEMENINA

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TEMP.09-10:	Nacd.Año 01-00	Nacd.Año 99-98	Nacd.Año 97-96	Nacd.Año 95-94	Todas las Edades					
	(9- 10 AÑOS)		(11- 12 AÑOS)		(13- 14 AÑOS)		(15- 16 AÑOS)		(Todas las Edades)	
PRUEBAS	9 AÑOS	10 AÑOS	11 AÑOS	12 AÑOS	13 AÑOS	14 AÑOS	15 AÑOS	16 AÑOS	17 AÑOS	ABSOLUTO
50 LIBRES	Miriam Buendia 0.38.78 25M 14/06/08	Miriam Buendia 0.35.08 25M 07/03/09	Alejand. Almau 0.32.60 25M 19/5/01	MªJose Vera 0.31.30 25M 19/5/01	Lucia Montoro 0.30.10 25M 29/5/04	Sara Ruiz 0.29.29 50E 31/05/08	Lucia Zaplana 0:29.38 25M 22/7/06	Lucia Zaplana 0.28.81 25M 26/5/7		Lucia Zaplana 0.28.34 25M 02/03/08
100 LIBRES	Sofía Agüera 1.27.68 25M 23/05/09	Miriam Buendia 1.19.24 25M 14/03/09	Lucia Mora 1.12.38 50E 7/7/01	Lucia Mora 1.08.74 50E 9/6/02	MªJose Vera 1.05.36 50E 28/7/02	Sara Ruiz 1.03.69 25M 15/3/08	Lucia Zaplana 1:02.05 25M 22/4/06	Lucia Zaplana 1.01.62 25M 19/5/07		Lucia Zaplana 1.01.62 25M 19/5/07
200 LIBRES	Sofía Agüera 3.00.96 25M 25/4/09	Miriam Buendia 2.57.24 25M 25/4/09	Alejand. Almau 2.43.17 25M 20/1/01	Lucia Mora 2.23.18 25M 18/5/02	MªJose Vera 2.23.49 50E 28/7/02	Carmen Castro 2.19.29 25M 2/9/07	Lucia Zaplana 2:13.02 25M 1/07/06	Lucia Zaplana 2.12.93 25M 17/2/07		Lucia Zaplana 2.12.93 25M 17/2/07
400 LIBRES	Sofía Agüera 6.14.27 25M 06/06/09	Miriam Buendia 5.54.84 25M 06/06/09	Alejand. Almau 5.24.20 25M 26/5/01	Lucia Mora 4.57.67 25M 25/5/02	Sara Ferrer 4.59.99 25M 24/3/07	Carmen Castro 4.47.02 25M 9/6/07	Lucia Zaplana 4:38.68 25M 25/03/06	Lucia Zaplana 4.44.05 25M 24/2/07		Lucia Zaplana 4:38.68 25M 25/03/06
800 LIBRES			Alejand. Almau 11.14.06 25M 24/3/01	Lucia Mora 10.07.67 25M 25/5/02	MªJose Vera 10.12.77 25E 9/2/02	Carmen Castro 09.41.27 25M 09/6/07	Lucia Zaplana 9:32.30 25M 19/11/05	Carmen Castro 9.48.30 25M 06/12/08		Lucia Zaplana 9:32.30 25M 19/11/05
50 MARIPOSA	Miriam Buedia 0.45.71 25M 16/02/08	Miriam Buendia 0.39.55 25M 09/05/09	Lucia Mora 0.39.47 25M 19/5/01	Lucia Mora 0.36.61 25M 13/4/02	Sara Ferrer 0.38.08 25M 24/2/07	Sara Ruiz 0.33.56 25M 26/04/08	Carmen Castro 0:32.11 25M 19/07/08	Lucia Zaplana 0.33.12 25M 5/5/07		Lucia Zaplana 0.31.89 25M 18/10/08
100 MARIPOSA	Sofía Agüera 1.49.08 25M 06/06/09	Miriam Buendia 1.25.65 50E 05/07/09	Lucia Mora 1.27.24 50M 9/6/01	Lucia Mora 1.24.16 25M 1/12/01	Lucia Mora 1.19.31 25M 16/3/03	Carmen Castro 1.13.69 25M 2/6/07	Lucia Zaplana 1:12.73 50E 03/06/06	Lucia Zaplana 1.11.27 25M 25/11/07		Lucia Zaplana 1.11.27 25M 25/11/07
200 MARIPOSA			Alejand. Almau 3.28.37 25M 24/2/01	Victoria Conesa 03.09.26 25M 23/2/02	Irene Agüera 3.13.65 50M 13/7/08	Carmen Castro 2.42.78 25M 10/6/07	Lucia Zaplana 02.38.24 50E 4/6/06	Carmen Castro 02.36.21 25M 28/02/09		Carmen Castro 02.36.21 25M 28/02/09
50 ESPALDA	Miriam Buedia 0.49.79 25M 19/07/08	Miriam Buendia 0.41.71 25M 18/07/09	Virginia Alcaraz 0.41.83 25M 18/3/01	Alejand. Almau 0.37.47 25M 13/4/01	Sara Ferrer 0.37.24 25M 5/5/07	Carmen Castro 0.35.58 25M 24/2/07	Sara Ruiz 0:35.58 25M 06/12/08	Ana Ubeda 0.35.21 25M 17/7/04		Ana Ubeda 0.35.21 25M 17/7/04
100 ESPALDA	Sofía Agüera 1.44.49 25M 06/06/09	Miriam Buendia 1.43.46 25M 22/11/08	Virginia Alcaraz 1.33.90 25M 19/5/01	Alejand. Almau 1.22.58 25M 6/10/01	Alejand. Almau 1.19.65 25M 26/4/03	Carmen Castro 1.17.31 25M 19/5/07	Sara Ruiz 1:15.96 25M 07/03/09	Lucia Zaplana 1.14.38 25M 19/5/07		Lucia Zaplana 1.14.38 25M 19/5/07
200 ESPALDA			Irene Agüera 3.24.90 25M 18/11/07	Alejand. Almau 2.54.60 25M 1/12/01	Sarra Ferrer 2.51.81 25M 25/2/07	Carmen Castro 2.44.28 25M 2/6/07	Carmen Castro 2:42.87 25M 17/11/07	Alejand. Almau 2.41.05 25M 19/11/05		Carmen Castro 2.40.37 25M 14/11/09
50 BRAZA	Sheila Gomez 0.50.37 25M 23/01/10	Miriam Buendia 0.49.74 25M 24/01/09	Alejand. Almau 0.39.27 25M 17/3/01	Alejand. Almau 0.37.75 25M 16/6/02	Alejand. Almau 0.36.98 25M 1/2/03	Alejand. Almau 0.35.81 25M 29/5/04	Alejand. Almau 0.36.54 25M 5/2/05	Alejand. Almau 0.36.90 25M 19/11/05		Alejand. Almau 0.35.81 25M 29/5/04
100 BRAZA		Ana Zamora Ibañez 1.49.27 25M 06/06/09	Alejand. Almau 1.28.67 50E 7/7/01	Alejand. Almau 1.22.44 25M 18/5/02	Alejand. Almau 1.20.95 25M 1/2/03	Alejand. Almau 1.22.44 50E 8/7/04	Alejand. Almau 1.18.79 25M 14/7/05	Alejand. Almau 1.20.34 25M 3/12/05		Alejand. Almau 1.18.79 25M 14/7/05
200 BRAZA			Alejand. Almau 3.11.51 25M 21/4/01	Alejand. Almau 2.59.20 25M 25/5/02	Alejand. Almau 2.54.75 25E 4/5/03	Alejand. Almau 2.53.74 25M 7/2/04	Alejand. Almau 2.52.19 25M 5/2/05	Alejand. Almau 2.58.92 25M 21/1/06		Alejand. Almau 2.49.55 25M 24/2/07
100 ESTILOS	Sofía Agüera 1.40.80 25M 14/02/09	Miriam Buendia 1.32.05 25M 14/02/09	Alejand. Almau 1.26.56 25M 21/4/01	Alejand. Almau 1.17.16 25M 2/3/02	Lucia Mora 1.17.15 25M 1/3/03	Lucia Mora 1.15.19 25M 28/2/04	Lucia Zaplana 1:14.05 25M 25/02/06	Lucia Zaplana 1.13.08 25M 26/5/07		Lucia Zaplana 1.13.08 25M 26/5/07
200 ESTILOS		Miriam Buendia 3.10.37 25M 06/06/09	Lucia Mora 2.59.62 50E 7/7/01	Alejand. Almau 2.45.75 25M 10/2/02	Sara Ferrer 2.43.11 25M 24/3/07	Sara Ruiz 2.41.08 25M 15/3/08	Carmen Castro 2.37.00 25M 17/05/08	Carmen Castro 2.37.39 25M 06/02/09		Lucia Zaplana 2.36.65 25M 17/05/08
400 ESTILOS			Alejand. Almau 6.16.11 25M 21/4/01	Alejand. Almau 5.56.30 25M 6/4/02	Alejand. Almau 5.57.42 25M 23/11/02	Carmen Castro 5.38.05 25M 10/6/07	Carmen Castro 5:28.90 25M 1/12/07	Carmen Castro 5.26.74 25M 28/02/09		Carmen Castro 5.26.74 25M 28/02/09
1500 LIBRES										Lucia Zaplana 25M 14/11/05
3000 LIBRES							Sara Ruiz 41.04.62 25M 15/11/08	Carmen Castro 39.25.34 25M 15/11/08		Lucia Zaplana 37:33.99 25M 14/11/05

Actualizado 03 - Febrero -2010